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p38^{MAPK} regulation of transcription factor targets in muscle and heart of the hibernating bat, *Myotis lucifugus*

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Mammalian hibernation combines a profound net metabolic rate suppression with the selective up-regulation of key genes whose protein products address specific metabolic needs of the hibernator. The signal transduction pathways and transcription factors involved in regulating hibernation-responsive gene expression are of great interest. The present study suggests an important role for the p38 mitogen-activated protein kinase (p38^{MAPK}) and selected downstream transcription factors under its control (CREB, ATF-2, Elk-1) in the metabolic response by skeletal muscle during hibernation of little brown bats, *Myotis lucifugus*. Western blotting was used to quantify both total protein and levels of the phosphorylated, active forms of p38^{MAPK}, CREB, ATF-2 and Elk-1 in both skeletal muscle and heart of euthermic and hibernating bats. The p38^{MAPK} pathway was not apparently activated in heart during torpor but skeletal muscle showed strong increases (2.2–11-fold) in the amounts of phosphorylated p38^{T180/Y182}, CREB^{S133}, ATF-^{2T69/71} and Elk-1^{S383} in the torpid versus aroused state. By contrast both total and phosphorylated levels of Elk-1 in heart were reduced during hibernation to just 30% of the euthermic values. These data implicate p38^{MAPK} and its transcription factor targets, CREB, ATF-2 and Elk-1 in skeletal muscle maintenance during hibernation. Copyright © 2007 John Wiley & Sons, Ltd.

KEY WORDS — little brown bat; hibernation; metabolic arrest; signal transduction; transcription factors

INTRODUCTION

Mammalian hibernation is a survival strategy for conserving energy that otherwise would be needed to maintain a constant high body temperature ($T_{\rm b}$) over the winter months, a time when ambient air temperatures drop and food availability is severely restricted. This energy-saving strategy is characterized by a synchronized suppression of metabolic rate, a reduction in heart rate and in the rates of all other physiological processes, a strong reduction in $T_{\rm b}$, and a re-organization of various metabolic priorities and patterns of fuel use. In ground squirrels it has been estimated that hibernation conserves about 88% of the

The strong overall suppression of metabolic rate during torpor comes from a coordinated suppression of virtually all metabolic reactions. However, selected genes and proteins show enhanced expression and/or activity to accomplish specific goals. For example, all organs make a switch to a primary dependence on lipid oxidation during torpor and show metabolic adjustments that promote triacylglycerol catabolism (*e.g.* increased expression of fatty acid binding proteins, activated lipase, activation of selected transcription factors) while, at the same time, carbohydrate catabolism is inhibited (*e.g.* suppression of pyruvate dehydrogenase activity). Almost all of the metabolic

energy that would otherwise be required to maintain euthermic $T_{\rm b}$ over the winter. The core $T_{\rm b}$ of hibernating mammals typically falls to near ambient but is regulated again if outside temperatures fall to subzero values. For example, in little brown bats, $Myotis\ lucifugus$, the minimum core $T_{\rm b}$ seems to be about $2^{\circ}{\rm C}$, measured both as the $T_{\rm b}$ where metabolic rate reaches its nadir and as a preferred temperature in a natural hibernaculum.^{2,3}

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adjustments needed for hibernation can be traced back to reversible protein phosphorylation as the mechanism, which controls and coordinates the activity states of key enzymes and functional proteins. This includes the regulation of multiple enzymes of intermediary fuel metabolism, the activities of ion motive ATPases such as Na $^+$ /K $^+$ -ATPase 4 , ribosomal initiation and elongation factors, such as eIF2 α and eEF2 5,6 , and the activity states of many transcription factors which, in turn, control the differential expression of genes.

Signal transduction cascades are a critical part of both metabolic suppression and the reorganization of gene expression for hibernation and the differential regulation of various protein kinases and protein phosphatases has already been implicated in several aspects of metabolic control during hibernation.^{7–10} Hence, an investigation of the responses during hibernation of selected transcription factors and the protein kinases that regulate them is justified.

The mitogen activated protein kinases (MAPKs) are important signalling molecules involved in relaying extracellular signals to intracellular targets, particularly in the nucleus. A recent study analyzed the responses of $p38^{MAPK}$ in five organs of Richardson's ground squirrels during hibernation, showing a strong increase in the content of active p38^{MAPK} in skeletal muscle during hibernation.⁸ To further determine whether activation of the p38^{MAPK} signalling pathway is a general phenomenon in hibernation, the current study assesses the role of p38^{MAPK} in skeletal and cardiac muscle of the hibernating little brown bat, *M. lucifugus*. Furthermore, this study addresses downstream targets of p38^{MAPK} including the transcription factors CREB and ATF-2. These belong to a family of basic leucine zipper transcription factors that bind to DNA at a cyclic AMP response element (CRE) in the promoter region of selected genes.⁹ In addition, we also evaluate Elk-1, a member of the ternary complex factor (TCF) family, which is known to be activated by the ERK, JNK and p38MAPK pathways. 10 The manuscript documents a significant role for p38^{MAPK} signalling in heart and skeletal muscle during hibernation.

MATERIALS AND METHODS

Animals

Little brown bats, *M. lucifugus* (7–8 g body mass) were collected by Dr. D. Thomas on 30 November 1999 from a disused slate mine near Sherbrooke, Quebec where they had been hibernating since October (cave air temperature was 5°C). Collection

aroused the bats and they remained aroused during transport to the Université de Sherbrooke. Upon arrival, 10 bats were maintained under euthermic conditions at 23-24°C air temperature; these were kept awake for a total of 48 h post-collection and were then euthanized by cervical dislocation. Ten others were placed in a cold room at 5°C and allowed to re-enter the torpor phase of hibernation; 10–12 h were required for full torpor to be re-established with a body temperature close to ambient. Hibernating animals remained torpid until sampled 36–38 h later; measured rectal temperatures at sampling were 5–6°C. Tissues from euthermic and hibernating animals were quickly excised, immediately frozen in liquid nitrogen, and then transported to Ottawa where they were stored at −80°C until analysis.

Tissue homogenization and protein preparation

Frozen tissue samples from individual animals were ground into small pieces in a mortar and pestle under liquid nitrogen. A 100 mg tissue sample was placed in 1 mL of homogenization buffer (100 mM MOPS, 25 mM HEPES, 25 mM β-glycerophosphate, 5 mM EDTA, 1 mM EGTA, 250 µM Na₃VO₄) with 1 mM phenylmethylsulfonyl fluoride added immediately prior to homogenization with a Polytron PT1000. Samples were centrifuged for 10 min at 10,000 x g, supernatants were removed, and soluble protein content was determined with the Coomassie blue assay using prepared BioRad reagent. A 250 µl aliquot of supernatant was mixed 1:1 (v/v) with $2\times$ SDS-PAGE buffer (100 mM Tris-HCl, pH 6.8, 4% w/v SDS, 20% v/v glycerol, 0.4% w/v bromophenol blue, 10% v/v 2-mercaptoethanol). A volume containing 30 µg of each sample was loaded into wells of 10% (v/v) polyacrylamide gels and electrophoresed at 200 V for 1 h. Proteins were then transferred onto PVDF membrane (Pall Biosciences) as previously described.11

Immunoblotting

After transfer of proteins to PVDF, membranes were blocked with 5% (w/v) nonfat dried milk (NFDM) for $2\,h$ and were then incubated at 4°C overnight with primary antibodies. Incubations were conducted in TBST ($20\,\text{mM}$ Tris base, $140\,\text{mM}$ NaCl, 0.1% v/v Tween-20) containing 2.5% (w/v) NFDM with antibodies added at a 1:1000 (v/v) dilution. After incubation, blots were washed for $3\times15\,\text{min}$ in TBST prior to the addition of HRP-conjugated anti-rabbit secondary antibody (1:2000 v/v dilution in TBST).

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Secondary incubations were carried out for 2–3 h at room temperature followed by 3× 15 min washes in TBST. Blots were developed using the Western Lightning TM Chemiluminescense *Plus* (NEN, Perkin-Elmer) system according to protocols provided with the system. Blots were briefly exposed to Kodak X-OMAT-AR film and developed according to the manufacturer's protocol. X-ray images were quantified using densitometric analysis software (Imagequant, Molecular Imaging). ATF-2, CREB, Elk-1, p38^{MAPK}, ATF-2^{T69/71}, CREB^{S133}, Elk-1^{S383}, P38^{T180/Y183} antibodies raised in rabbits were purchased from Cell Technology.

Statistics

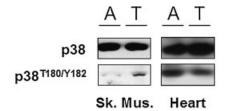
All trials were done in triplicate. Equal loading was confirmed by Coomassie blue staining of blots after use and was also used to normalize band intensities. Mean normalized band densities \pm SEM for euthermic and hibernating samples were calculated and then significance testing was performed using Student's t-test (p < 0.05 unless otherwise stated). Torpid:aroused ratios were then calculated and plotted; error bars shown on the final histograms are the sum of SEM values for euthermic and hibernating trials.

Results

Because previous studies from our laboratory identified p38^{MAPK} as showing differential phosphorylation and activity during hibernation in ground squirrels, we sought to determine whether this MAPK would also have a role in another type of hibernator, the little brown bat, *M. lucifugus*. Western blotting was used to determine the relative amount of active and total p38^{MAPK} in bat heart and skeletal muscle and examine a number of related proteins in the p38^{MAPK} signal transduction cascade.

Figure 1 shows total and threonine/tyrosine (T180/Y182) phosphorylated p38^{MAPK} levels in skeletal muscle and heart of aroused and torpid bats. Total p38^{MAPK} protein levels did not change in either tissue between and during the two physiological states. However, during torpor, the amount of phosphorylated active p38^{T180/Y182} rose significantly in skeletal muscle. The torpid:aroused ratio for phosphorylated p38^{T180/Y182} was 2.2 ± 0.4 (n = 3, p < 0.05). By contrast, there was no appreciable effect of torpor on the content of phosphorylated p38^{MAPK} in heart.

Stress induced activation of p38^{MAPK} results in activation of downstream targets, typically including the leucine zipper CREB family of transcription



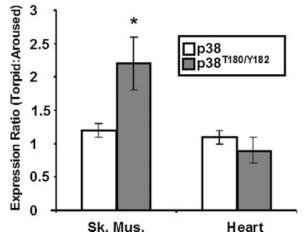


Figure 1. Total p38^{MAPK} protein levels and phosphorylated T180/Y182 p38^{MAPK} content in skeletal muscle and heart of torpid versus aroused little brown bats. Upper panel shows typical Western blots after electrophoresis of tissue samples containing 30 μ g soluble protein from aroused (A) and torpid (T) bats. Histogram shows the expression ratio calculated from the mean values (\pm SEM, n=3 independent samples) for aroused and torpid bats. *Mean value in torpor is significantly different from the corresponding aroused value, p < 0.05

factors that bind to CRE sites. 12,13 Hence, we next assessed the effects of torpor on CREB family members. Stress activation of CREB results from p38-mediated phosphorylation at serine 133, whereas activation of ATF-2, another CREB family member, results from phosphorylation at threonines 69 and 71. 12-15 Figure 2 shows levels of total and Serine 133 phosphorylated CREB in skeletal muscle and heart of aroused and torpid bats. The amount of phosphorylated active CREB^{S133} was 2.2 ± 0.2 fold (p < 0.001)higher in skeletal muscle during torpor, compared with the aroused state, although total CREB protein did not change between the two states. Neither total CREB nor phosphorylated CREB^{S133} levels differed between aroused and torpid states heart, consistent with the findings for p38MAPK.

The pattern of ATF-2 response during torpor was remarkably similar. The total amount of ATF-2 did not change between aroused and torpid states in skeletal

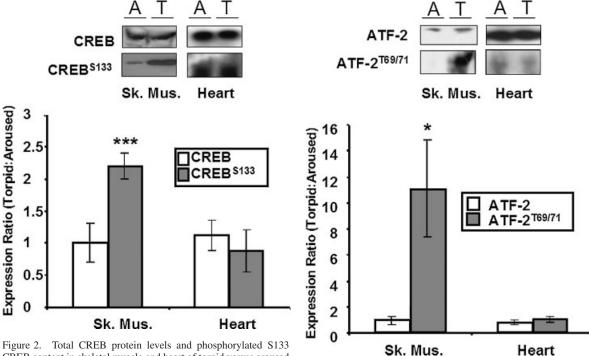


Figure 2. Total CREB protein levels and phosphorylated \$133 CREB content in skeletal muscle and heart of torpid versus aroused bats. Other information as in Figure 1. ***Mean value in torpor is significantly different from the corresponding aroused value, p < 0.001

Figure 3. Total ATF-2 protein levels and phosphorylated T69/71 ATF-2 content in skeletal muscle and heart of torpid versus aroused bats. Other information as in Figure 1. *Mean value in torpor is significantly different from the corresponding aroused value, p < 0.05

muscle but the amount of phosphorylated ATF- $2^{T69/71}$ in muscle of torpid bats was 11.1 ± 3.7 -fold (p < 0.05) higher than in aroused animals (Figure 3). Consistent with our previous results, there was no significant change in total or phosphorylated ATF- $2^{T69/71}$ in heart during torpor.

The response to hibernation by the ternary complex factor protein Elk-1, which is another downstream target of p38^{MAPK}, was also investigated. Total Elk-1 in skeletal muscle did not change significantly between aroused and torpid states, but a shift in banding pattern was observed (Figure 4, upper left panel), which could result from changes in phosphorylation status. Indeed, the amount of serine phosphorylated Elk-1^{S383} was 4.2 ± 1.7 -fold (P<0.05) higher in torpid bats (Figure 4). By contrast, total and phosphorylated levels of Elk-1 in heart were much lower in torpid versus aroused bats; the ratio torpid:aroused was just 0.3 ± 0.1 (P<0.005) and 0.3 ± 0.1 (P<0.005), respectively (Figure 4). Hence, the effects of torpor and arousal on Elk-1 in skeletal muscle and heart of bats were somewhat different than the patterns seen for p38^{MAPK}, CREB and ATF-2.

DISCUSSION

MAPKs play an essential role in transmitting extracellular signals to specific nuclear targets, which ultimately activate selected gene expression responses. The activation of nuclear signals occurs via a number of interactions that lead to differential phosphorylation of key intermediates in MAPK cascades and ultimately influence various transcription factors. Reversible protein phosphorylation appears to play a key role in regulating metabolism in hibernating animals, ^{8–10,16–20} and the present study shows that this mechanism also extends to the control of nuclear gene expression by altering activities of MAPKs and signal transduction factors that affect gene expression.

Some of the hibernation-associated changes reported in this manuscript are strikingly similar to those seen during hibernation in an evolutionarily distant rodent hibernator, the ground squirrel, *Spermophilus richardsonii*. This is particularly true of the p38^{MAPK} pathway responses in skeletal muscle. Higher levels of active phosphorylated p38^{MAPK} were

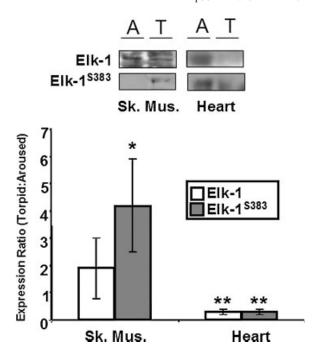


Figure 4. Total Elk-1 protein levels and phosphorylated S383 Elk-1 content in skeletal muscle and heart of torpid versus aroused bats. Other information as in Figure 1. *Mean value in torpor is significantly different from the corresponding aroused value, p < 0.05. **Mean value in torpor is significantly different from the corresponding aroused value, p < 0.005

seen in skeletal muscle from both species during torpor along with elevated amounts of the phosphorylated active forms of various downstream transcription factors controlled by p38^{MAPK} including ATF-2, CREB and Elk-1. In addition, the amount of phospho-HSP27, another protein phosphorylated downstream of the p38^{MAPK} signalling cascade, is elevated in skeletal muscle during hibernation in bats⁶ and ground squirrels⁸ providing further evidence for a conserved molecular mechanism in hibernating species. Active p38^{MAPK} increases in response to a variety of stresses including oxidative stress associated with ischemia reperfusion injury in rat hearts²¹ and ischemia leading to up-regulation of HSP27 related kinases in rabbit hearts. ²² p38^{MAPK} activity has also been associated with cachexia and muscle wasting models, in particular, p38^{MAPK} can be activated in cultured muscle cells and muscle tissues in vivo leading to phosphorylation and stabilization of the transcription factor, PGC-1, 23 a co-factor that drives the formation of slow twitch muscle fibres²⁴ and has been shown to have increased steady state levels in hibernating bats¹⁹ and ground squirrels.²⁵ Interestingly, Egginton *et al.* showed that cold exposure in hibernating Syrian hamsters displayed no atrophy to Type I, slow twitch muscle fibre cross-sectional area and composition was maintained over an 8 week time course while type II fibres displayed significant muscle atrophy. Thus, we propose a model in which p38 MAPK stabilizes PGC-1 expression in hibernating animals, which prevents atrophy of Type I, slow twitch fibres while activating atrophic pathways in Type II muscle fibres.

CREB and ATF-2 belong to the CREB family of transcription factors, DNA binding proteins that contain leucine zippers and bind to AP-1 and CRE response elements upstream of target genes. Although they are members of the same family, they tend to act on diverse targets. CREB is involved in the activation of genes in conjunction with sterol regulatory element binding proteins. Recent evidence implicates CREB²⁷ and p38^{MAPK} involvement in regulating genes involved in fat metabolism and non-shivering thermogenesis such as the gene for uncoupling protein-1 (UCP-1).²⁸ CREB can also activate the expression of fatty acid binding protein (FABP) in cultured cells in response to insulin²⁹ suggesting that these factors have broad implications for hibernation biology. Since hibernators rely almost exclusively on lipid oxidation to fuel their energy needs over the winter, and since hibernator skeletal muscle shows elevated levels of fabp mRNA in both ground squirrels^{30,11} and bats³¹ during torpor, it can be postulated that the expression of a number of the genes and their protein products that are involved in the consumption and regulation of lipids would be up-regulated when animals enter torpor. These changes may be mediated by CREB and our current studies suggest the link between p38^{MAPK} activation, CREB activation, FABP expression and the physiological enhancement of lipid catabolism during hibernation.

ATF-2, another member of the CREB family of transcription factors, binds to AP-1 and CRE binding sites on DNA and is activated via phosphorylation by either p38^{MAPK} or the SAPK/JNK subfamily of MAPKs.³² ATF-2 is known to act as a pro-survival factor in skin carcinogenesis³³ and may potentially play a protective role in preventing disuse atrophy in skeletal muscle during prolonged periods of inactivity associated with torpor.

Elk-1, is a downstream target of signalling pathways and has been described as a point of convergence for several different signals. 34,35 However, the actions of p38^{MAPK} in regulating Elk-1 are still somewhat unclear. Activation of Elk-1 via p38^{MAPK}-mediated phosphorylation at serine 383

leading to transcriptional activation ¹⁰ may also require p38 ^{MAPK} cooperativity with JNK and ERK1/2. ³⁶

The effects of hibernation on p38^{MAPK} and selected transcription factors under its control were quite different in heart than in skeletal muscle. There were no significant changes in either total or phosphorylated p38^{MAPK} in heart from aroused or torpid bats. Total and phosphorylated (active) ATF-2 and CREB were also unchanged in heart of aroused versus torpid bats. The different responses of these transcription factors between heart and skeletal muscle could be due to relative differences in their functions during torpor. Elk-1 also responded differently in heart versus skeletal muscle. Both total and active Elk-1 decreased during hibernation in bat heart whereas the amount of phosphorylated active Elk-1 increased strongly in skeletal muscle during torpor. The differences in all of these parameters between the two organs probably relates to their function during torpor. Heart must continue to beat during torpor, although at a much lower rate, whereas skeletal muscle is largely inactive.

In summary, the phosphorylation and activation state of signalling molecules and transcription factors increases in skeletal muscle of M. lucifugus during torpor. The enhanced levels of active transcription factors demonstrated by these data may allow for an immediate increase in gene transcription followed by translation and synthesis of selected proteins during arousal or it may also assist in maintaining a subset of select genes and proteins necessary for skeletal muscle maintenance during torpor and inactivity. Alternatively, increased levels of selected mRNA transcripts may not be immediately translated, but may be kept available for rapid protein synthesis when animals enter an arousal phase. The former idea is supported by changes in known downstream target genes of activated CREB, which include hibernationresponsive regulation of UCP mRNA which was elevated during cold exposure or during torpor.³⁷ The data presented do not rule out the possibility that other signalling molecules play a role in hibernation, but rather provide an initial step in the study and characterization of pathways in hibernating heart and skeletal muscle of the little brown bat, M. lucifugus.

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